

Dharma Wheel

Lihue Hongwanji Mission, a Shin Buddhist Temple

VOLUME 67 ISSUE 8

AUGUST 2014

Path of Entrusting: Share Peace!

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Basics of Buddhist Etiquette

Entering and Leaving The Hondo (Main Hall)

When entering or leaving the temple, bow facing the Buddha, as a sign of respect.

Kansho (temple bell)

Service begins with the ringing of the Kansho, or the temple bell in a traditional

pattern, it signals the start of the service. When you hear the bell, please sit comfortably and quietly. All conversations should end when the Kansho sounds.

Gassho

Gassho means to put the hands together. The palms of both hands are placed together with the fingers and thumbs extended and with the nenju encircling both hands and held lightly between the thumbs and the fingers. Both elbows should be fairly close to the body and the hands should be midchest level. To bow during gassho, the hands should be held steady, while the body is bent forward from the hips and then back to upright position. Gassho signifies the oneness with Buddha, and is the natural expression of reverence and gratitude.

Nenju

The Nenju should be treated with the utmost respect at all times. During the service, the Nenju should be held in the left hand. The Nenju encircles the hand during gassho symbolizing Oneness.

Burning of Incense (Oshoko)

Offering incense is a means of praising the Buddha; it is an expression of thankfulness and gratitude. It is also symbolic of purifying our minds and bodies before paying homage to Buddha. At the same time the smoke rising from the burning incense teaches us a lesson on the acceptance of transience and fulfillment in life. When burning incense, walk up to the front of the shrine and bow at a distance of about two steps in front of the incense table. Step up to the table and with the right hand take a pinch of powdered incense and drop it into the incense-burner. Gassho and bow. Take two or three steps backward, bow and return to your seat.

Service Book and Gatha Book

The service books and gatha books contain sacred teaching and words of the Buddha; therefore, it should be handled with respect and reverence. Before opening it, please hold it with both hands and raise the book to your forehead to show your gratitude.



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Calendar of Events

AUGUST

Fri-	1	7:00 PM	Columbarium Bon Service
Sat	2	7:30 PM	Bon Dance Festival
Sun	3	8:00 AM	No Service—Clean Up
Sat	9	9:00 AM 10:00 AM	Lihue Cemetery Service Kauai Memorial Gardens Service
Sun	10	9:00 AM	Family Dharma Service Birthday & Memorial Sunday LHWA Meeting
Tues	12	7:30 PM	Board of Directors Mtg.
Sat	16	7:30 PM	Movie Night at LHM as part of the Kauai District /Honpa 125th Ann. celebration.
Sun	17	9:00 AM	Family Dharma Service Dharma School Rally Hanafuda Tournament

Sun	24	9:00 AM	Family Dharma Service Aloha to Rev. Bruce, following the service
Sun	31	9:00 AM	Family Dharma Service

SEPTEMBER

Sun	7	7:00 AM 9:00 AM	SBA Family Day Breakfast Family Dharma Service
Tues	9	7:30 PM	Board of Directors Mtg.
Sun	14	9:00 AM	Family Dharma Service Birthday & Memorial Sunday
Sun	21	9:00 AM	Autumn Higan Service Spkr: Rev. David Fujimoto
Sun	28	9:00 AM	Family Dharma Service

Visitation Schedule

Mon	August 4	8:00 AM	Regency at Puakea Service & Visits
Wed	August 13	9:30 AM	Hale Kupuna Heritage Ext. Care Service Visitation
Mon	August 18	8:00 AM	Regency at Puakea Service & Visits
Wed	August 20	9:30 AM 10:30 AM	Kauai Veterans Memorial Hospital (KVMH) Service/Visitation Kauai Care Home Service/Visitation (KCH) in Waimea
Tue	August 26	10:00 AM	CANCELLED-Garden Isle Wilcox Service/Visitation
Wed	August 27	9:30 AM	CANCELLED-Mahelona Hospital Ext. Care Service/Visitation

Members and friends are welcome to accompany the minister at service and visitation Outreach. Please contact Rev. Nakamura in a timely way.

Privacy and confidentiality rights of individuals limit the clergy from visiting persons in medical, residential and care-home facilities without the express request/consent of the family. Our minister is happy to visit members and friends, but by law, such visits require a referral from the family. Please contact Rev. Nakamura at 245-6262 and 245-4543.

Temple Decorations

Please deliver flower donations by Wed. 5:00 PM

<u>2014 TEMPLE DECORATION</u>	
August 6, 13, 20, 27	Nawiliwili/Wailua
September 3, 10, 17, 24	Molokoa I
October 1, 8, 15, 22, 29	Molokoa II

All flower
donations will
be gratefully
accepted.



UNTIL WE MEET AGAIN...

Rev. Bruce Y. Nakamura

A SHIN AWARENESS AS AWAKENING

There are certainly larger implications to one committing evil deeds, including being subject to punishment by the state, e.g., Danger from rulers as with one who does not take refuge in the Three Treasures, eg., a man who has not freed himself of [spiritual] doubt [mine].

Indian cultural-social-religious norms as well as state prohibitions prevailed during the time and after the Buddha's teaching and lifetime. Our Shin tradition offers perspectives for us to ponder and realize the inexplicable spiritual logic that only Amida Buddha's Vow of great compassion is realized in our existence.

On one, hand our spiritual inspirational founder Shinran Shonin admonishes his followers "to not take poison, just because there is an antidote". That is to say, the awareness of our deep imperfection and capacity to do evil do not mean we should do evil and presume that the benevolence of Amida Buddha's compassion has already assured us for Birth in his country of supreme happiness.

We discover an "illogical spiritual logic" that only Amida's wisdom can conceive and actualize in ordinary and foolish, ego-centered beings. For us beings embraced by Amida's spiritual logic includes a deep awakening to the unwholesome poisons of anger, greed and ignorance and to an incomprehensible wisdom and compassion directed to us bound for hell, otherwise, who shall attain Birth in Amida's country of Bliss as we are. Amida knows that we (I) are deeply foolish beings incapable of enlightenment by our own resolution and virtue. Only Birth through the Other-power Nembutsu of Amida's Vow of Compassion, i.e., 18th Primal Vow of True Entrusting is Buddhahood genuinely possible.

In this awakening process and spiritual journey we realize that we are truly incapable of knowing what is good and true, unable to attain the depth of Buddha-wisdom and height of Amida's mysterious benevolence. However, becoming firmly grounded in Amida's Primal Vow is not made possible by our own ability or willingness, but, solely by the fathomless power of Amida-vow-wisdom.

It is a mystery beyond all mysteries beyond one's profound ego-center that enables Birth into the world of supreme enlightenment through Shin's "illogical spiritual logic" of Other-Power working.

In the month of June 2012, I began a spiritual journey walking together with community and members of the Lihue and West Hongwanjis. As with the design of Other-power working, what I do for our communities is not truly adequate or enough; All that is possible teaches my own incapacity to truly fulfill my responsibilities to serve as a genuine spiritual resource for others within and without the Shin communities. With the onset of September I begin serving the Kona Hongwanji communities.

The greater lesson of Shin is not merely to succeed as persons, families or communities in whatever the venues that might gain favor and recognition. Instead, to thrive and truly succeed as human beings is to live in the light of great compassion with our awareness to the frailties of existence, while realizing a joy and gratitude sustained by a power that only human living brings...Thank you for all your support, nurturing and love...until we meet again...Namo Amida Butsu.

June 23, 2014 Dharma Talk shared by Gladys Fujiuchi

Sometimes one gets lucky and finds material that has merit and is worthy to be shared. I want to share the following that came through the internet. It is called 10 tips for a long happy life by Jiroemon Kimura who lived to 116. The article was written by Emina Bajra. Jiroemon Kimura died shortly after his interview with the author.

First of all, many of you have lived your lives quite fully and have come to some of the same conclusions as Jiroemon Kimura. For you younger ones, we'll share his tips, so you can get a head start in life.

Here is a summation of Jiroemon Kimura's Ten Tips for a Long Happy Life.

1. **Exercise Every Single Day:** It's important to make daily exercise a discipline - a habit. He always made sure his muscles stayed active.
2. **Eat small portions:** Eat until you're 80% full - hara hachibunme. He preached "eat less and live long." He took no medication at all.
3. **Let Adversity Make You Strong:** When something unexpected happened and things didn't go the way he wanted, he reminded himself that the experience is good for you, it helps you grow. He told people to never let worry or suffering consume them because "after every storm, peace always comes."
4. **Read the News Everyday:** Keeping up with the times not only exercises the brain, it also creates a sense of belonging to the larger world and connectedness to the human race.
5. **Eliminate Strong Preferences:** Kimura exuded a rare fullness, brimming with humility and passion that comes from being open to all things.
6. **Live Without Attachment:** Kimura learned not to attach his life to any one particular thing and draw from all things as a whole. His non attachment kept him from being devastated by grief, and by not being attached to their inevitable mortality, he was able to let go. In essence, he did not search for a reason to live for living itself became it's own reason.
7. **Stay Close to Nature:** Born to a farming family and farming most of his life, it provided him with vigorous exercise, producing life and seeing the physical results of his work.
8. **Have Gratitude:** He embodied kansha, a Japanese value, which means gratitude. He claimed "I could not make it on my own strength. It's because of the strength of everyone around me." To anyone he came into contact with, he clasped his hands in prayer and bowed with sincerity - a touching display of gratitude.
9. **Laugh Often:** He chose to live his life with as much cheerfulness as possible. Studies have shown that a good laugh can boost the immune system, relax the muscles, and improve mental functions such as memory and creativity.
10. **Break Life Up into Small Parts:** One of the things that make people overwhelmed when they are in a challenging situation is that they try to handle it all at once which releases stress chemicals. Breaking things up into small steps relieves much of this stress which Kimura did, by taking each day as it came.

The entire article is quite lengthy, but if you wish to read it in entirety, go to the website <http://northhollywood.patch.com/groups/eminas-blog/p/10-tips-for-a-healthy-life-from-the-worlds-oldest-person> and read it online. It will be worth your time.

Honpa Hongwanji Mission of Hawaii-Highlights

Web: www.hongwanjihawaii.com Email: hqs@honpahi.org

SPECIAL ANNOUNCEMENT FROM PACIFIC BUDDHIST ACADEMY

Dear Hongwanji Members:

We have just received news that could make a big difference in Hawaii's Hongwanji community for generations! Pacific Buddhist Academy has been awarded a \$1.5 million capital improvement project grant by The Harry and Jeanette Weinberg Foundation, one of the largest private foundations in the nation. We are thrilled by this honor.

The generosity of the Weinberg Foundation brings PBA and our school community a giant step closer to a new school building. The new facility will house features such as a science lab and tea ceremony room which will promote and enhance the learning experiences of PBA students while expanding their cultural understanding. With additional classrooms, PBA will also be able to touch the lives of more students.

The Hongwanji community has provided PBA with its wholehearted support for the past 11 years, for which we are deeply grateful. The "Bodhi Day Walk for Peace" led by the ministers of the Honpa Hongwanji Mission of Hawaii raised community awareness about PBA and our capital campaign. We also sincerely appreciate the kindness and generous donations and pledges that PBA has received from the Hongwanji community. Your support -- in words and actions -- has been very meaningful. As we continue to move closer toward our Capital Campaign fundraising goal, we are hopeful that we can continue to count on you for your support. We will keep you updated with the latest news as progress is made.

Since our humble beginnings in 2003 with just 14 students, PBA has steadily grown to become a

truly transformative college preparatory experience, a place where students thrive academically, socially and spiritually. We are proud to say every one of our PBA graduates has been accepted to a college or university, and some are just beginning what will be fulfilling careers in the service of others. Thank you for helping us put "high school in a whole new light" and being part of our students' success.

With gratitude,

Joel Determan
Chair, Board of Trustees
Pacific Buddhist Academy

MINISTERIAL ASSIGNMENTS

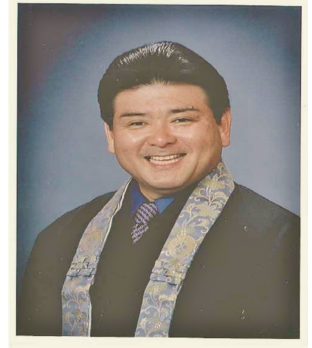
Rev. Blayne Higa has been relieved from the position of the Minister's Aide (Kaikyoshi-ho), and assigned as a part-time Assisting Minister to Moiliili Hongwanji Mission under State Headquarters with daily supervision provided by the Resident Minister of Moiliili Hongwanji Mission, Rev. Bert Sumikawa effective July 1, 2014.

Rev. Bruce Nakamura, the Resident Minister of Lihue Hongwanji Mission, will be assigned to Kona Hongwanji Mission as its Resident Minister effective September 1, 2014.

Rev. Kazunori Takahashi, the Resident Minister of Kapaa Hongwanji Mission, will be assigned to Lihue Hongwanji Mission as its Resident Minister effective September 1, 2014. Rev. Takahashi will be overseeing Kapa'a Hongwanji Mission until the new Resident Minister will be assigned there.

Minister Transfers

Bishop Eric Matsumoto announced the assignment of Rev. Bruce Nakamura to Kona Hongwanji Mission effective on September 1. Rev. Kazunori Takahashi will be assigned to Lihue Hongwanji Mission as our new resident minister. He will also oversee Kapa`a Hongwanji Mission, until a minister is assigned to them.



Rev. Nakamura's last Sunday service at LHM will be on August 24, followed by a light luncheon and recognition. He plans to leave LHM/Kauai for his new assignment on August 27. People are welcome to privately meet with him to say their goodbyes on August 25 & 26, 8:00 am to noon on both days, if they so choose.



STATE DHARMA EDUCATOR'S CONFERENCE

The Dharma School Teachers of Oahu District will be hosting the State Dharma Educator's Conference on October 11-12, 2014 at Ala Moana Hotel. The theme of this conference is "Engage! The Dharma" and the goals of the conference are engaging various segments of our population: young people, eager learners of the Dharma, and temple leaders, planning for the future is an important link for the fruition of your ideas, and spreading of Buddhism and Mindfulness to further the concept of Peace. The deadline for registration is August 15, 2014.

Graveside Services—Sat. August 9, 9:00 AM-Lihue Cemetery; 10:00 AM-Kauai Memorial Gardens
Requests for family services at residence, cemetery, columbarium or care homes shall be honored and scheduled on a first-come-first serve basis

There will be no dinner plate this year at the LHM Obon Festival.

However, as always, starting at 6:00 pm, there will be yakitori, beef sticks, musubi, flying saucers, pronto pups, andagi, saimin and shave ice.



2014 KAUAI BUDDHIST COUNCIL

BON DANCE SCHEDULE

All Bon Dances will begin at 7:30 pm

- 8/1-2 Lihue Hongwanji Bon Festival
- 8/8-9 Waimea Shingon Mission Bon Festival

OTHER BON DANCES

- 8/14 6:00 pm-8:00 pm Mahelona Hospital
- 8/15 5:30 pm-8:00 pm Kauai Veterans Memorial Hospital
- 8/21-22 Kauai Veterans Center



Family Day Celebration

The Lihue Hongwanji Senior Buddhist Association will be having a Family Day Celebration fundraising breakfast on September 7, 2014 from 7:00 am to 9:00 am in the Lihue Hongwanji Social Hall. Proceeds from this fundraiser will be distributed to various youth groups under the Lihue Hongwanji umbrella. We are hoping to bring the community and Lihue Hongwanji closer together with this breakfast and at the same time, benefit our youth groups.



Dharma School Begins!

Dharma School begins another year on August 17, after the Dharma Family Service. Please come and join us! Dharma School is open to all from age 3+ .



LHM Golf Club quarterly tournament:

Saturday, August 30 @ Kiahuna Golf Club

Contact: Ray Morikawa,
tournament chairman, 652-3185 for
information

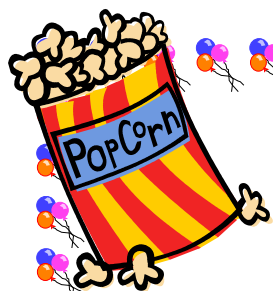


Movie Nights

As a part of the Kauai District celebration of the 125th anniversary of the Honpa Hongwanji Mission, there will be 3 Movie Nights. These Movie Nights are open to the community of Kauai. The first Movie Night will be held at LHM on August 16 at 7:30 pm in the social hall. The movie being shown is "The Bee Movie," a wonderfully entertaining animated movie, expressing ideas of interdependence.

Admission is free. Free popcorn will be available. Chairs will be set up and there will be space to bring blankets to sit on the floor. Please join us and spread the word to friends and family. The more the merrier.

Movie Night in Kapa'a will be September 20 at 7:30 pm and at West Kauai on November 1 at 7:30 pm.





With Deepest Sympathy

Lihue Hongwanji extends its deepest sympathy to the family and relatives of:
 The late Mr. Yuichi Tanaka who died at the age of 92 years on June 24, 2014.
 The late Mrs. Yoriko Evelyn Eto who died at the age of 90 years on June 24, 2014.
 The late Mr. Masaharu Arita who died at the age of 90 years on July 1, 2014.
 The late Mrs. Chieko Shimokawa Oda who died at the age of 89 years on July 11, 2014.

MEMORIAL SERVICE (NENKI HOYO)

AUGUST–SEPTEMBER 2014

The following is a list of members who passed away during the months of August and September. In Jodo Shin Buddhism, memorial services are observed to remind the family members of the compassion of Amida Buddha in memory of the deceased.

Lihue Hongwanji Mission recommends that the families and relatives of the deceased members listed below contact the temple office at 245-6262 for an appointment.

1st Year Memorial Service—2013

2013	August 16	Noboru Yamaguchi
2013	September 10	Misayo Morimoto
2013	September 26	Flora Michie Fujii

3rd YEAR MEMORIAL SERVICE—2012

2012	August 4	Barbara Miyoshi
2012	September 5	Tadao Suemori
2012	September 8	Masaichi Shibuya

7th YEAR MEMORIAL SERVICE—2008

2008	August 12	Shizue Kurasaki
2008	September 20	George Toyofuku

13th YEAR MEMORIAL SERVICE—2002

2002	August 27	Chizuko Shinseki
2002	September 22	Bessie Toshiko Sasaki

17th YEAR MEMORIAL SERVICE—1998

1998	August 3	Kenso Hanaoka
1998	August 14	Tsumoru Nii
1998	September 1	Tsugio Fujioka
1998	September 12	Hiroshi Nanbu
1998	September 17	Shigeru Fujiwara
1998	September 29	Sadako Yoshimura

25th YEAR MEMORIAL SERVICE—1990

1990	August 1	Hisako Kido
1990	August 17	Chiseno Nakashige

33rd YEAR MEMORIAL SERVICE—1982

1982	August 21	Mitsuo Kato
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50th YEAR MEMORIAL SERVICE—1965

1965	September 8	Teru Miura
1965	September 14	Takeshige Uno

Acknowledgments as of July 18, 2014

FUNERAL SERVICE:

In Memory of Yuichi Tanaka
Harold Tanaka

In Memory Kreighton Kondo
Sumako Ichimasa

In Memory of Masaharu Arita
Jane Arita

In Memory of Tamaye & Tonaichi Fujii
Sue S. Fujii

1st 7 DAY SERVICE:

In Memory of Yuichi Tanaka
Harold Tanaka

In Memory of Dayne Obatake
Elsie Takata

In Memory of Masaharu Arita
Jane Arita

In Memory of Masaharu Arita
Wayne Fujioka & Carol Valentine, Laura Hirokawa,
Ted & Alice Inouye, Lynne Matsumura, Mitsue
Nogami, Winston & Marian Ogata, Mino & Florence
Shimokawa, Roy & Arlene Tanaka, Mamo & Amy
Yamada, Morton & Carolyn Yamasaki, Judy Yoshida,
Wayne Arita, Dennis & Dwayne Muffly, Kim Arita,
Ryan Lapenia, Travis & Tina Arita, Randall & Jean
Inaba Doi, Elaine Fukushima, M/M Roy Hayashida,
Sheryn Eto Morioka & Family, Isa & Yoshino
Hiranaka, Brian & Sandy Murashige, Leslie, Ann &
Hiro Murashige, M/M Stanley Suenaga, Lillian Tak-
iguchi, Mrs. Irene Wakatsuki, Mrs. Myssi, Perry &
Brady Wakatsuki, Melvin & Ethel Yamaguchi, Sheri
Yoshida, Akiyo Matsuyama, Shizuko Shiramizu,
Sumako Ichimasa

INURNMENT SERVICE:

In Memory of Yuichi Tanaka
Harold Tanaka

In Memory of Masaharu Arita
Jane Arita

MEMORIAL SERVICE:

In Memory of Robert Fujikawa (1 Yr.)
Arlene Fujikawa
Gail & Craig Kaleikini
Debbis Harris

In Memory of Takiko Takiguchi (1 Yr.)
Sueko Takiguchi

In Memory of Betty Masuda (7 Yrs.)
Arlene Fujikawa
Akiyo Matsuyama
Shizuko Shiramizu

In Memory of Kenji Ronald Konda (33 Yrs.)
Emery Kondo

In Memory of Chizuko Shinseki
Howard Shinseki

In Memory of Kanichi Sanoo
Diane Fukuyama

DISURNMENT SERVICE:

In Memory of Tadashi Eto
Sheryn Eto Morioka

COLUMBARIUM DONATION:

In Memory of Yukuma Hayashi (10 Yrs.)
Yoshiko & Glenn Hayashi

In Memory of Yoshiake Hiramoto
Dr. & Mrs. Clay Hiramoto
Marsha Okada
Anonymous

TEMPLE SERVICE DONATION:

Diane Fukuyama

Acknowledgments as of July 18, 2014 (con't)

SUBSCRIPTION TO BULLETIN:

Sue S. Fujii

SOCIAL CONCERN:

Elsie Takata

Tom & Eleanor Kajiwaru

BON SERVICE DONATION:

Elsie Takata

KOKUA FOR JASON GOLF DONATION:

Ming Fang

Jessie B. Hill

MAJOR PROJECT DONATION:

Tom & Eleanor Kajiwaru

Mamo & Amy Yamada

James Yamamoto



If there are any errors or if your name is not listed, please call Amy Yamada at 245-6262 between the hours of 9:00 AM and 12:00 Noon.



Folding cranes

The final deadline for folding origami cranes is August 10.

The origami cranes are being folded as part of the Peace Day celebration. The cranes will be sent to Honoka'a Hongwanji to be used in their United Nations sanctioned Peace Day Parade in September.

LHWA News

From August 3-5, Kauai United BWA will host an exchange student from Japan, Fukumi Tajima. On August 4th, LHWA will take her sightseeing. There will be a no-host dinner and fellowship to welcome Ms. Tajima, the evening of August 4.

Lihue Hongwanji Mission, a Shin Buddhist Temple

Lihue Hongwanji Mission
 P O Box 1248
 Lihue, Hawaii 96766-5248
 Return Service Requested

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 U.S. Postage, Paid
 Lihue, HI
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Path of Entrusting:
 SHARE PEACE!



Email: lihuehong@hawaiiintel.net

Address Label

WE'RE ON THE WEB!

lihuehongwanjimission.com

Movie Night

Join us on August 16 at 7:30 pm
 in the LHM Social Hall for **Movie
 Night. Admission is free.**

Free popcorn will be available.

Chairs will be set up and there
 will be space to bring blankets to
 sit on the floor. Please join us
 and spread the word to friends
 and family. Open to the Kauai
 community.



3rd Annual Hanafuda Tournament

August 17

After Service

Prizes!

No Entry Fee

Join us for the fun and fellowship!