The Dharma of Mini-Golf

The 4 Noble Truths

Think BIIG

1st Noble Truth

- Life is a **Bumpy** Road because
 - difficulties can happen and block our way
 - we don't always get what we want and
 - sometimes we get what we <u>don't</u> want

1st Noble Truth-Mini Golf



1st Noble Truth-Mini Golf



1st Noble Truth-Mini Golf



2nd Noble Truth

- Life is **Impermanent**.
- We have GAS
 - Greed
 - Anger
 - Stupidity
- Suffering is caused by our desires, our fears and our need to control everything around us.
 - the desire to have the things we want
 - the desire to avoid things we don't want.

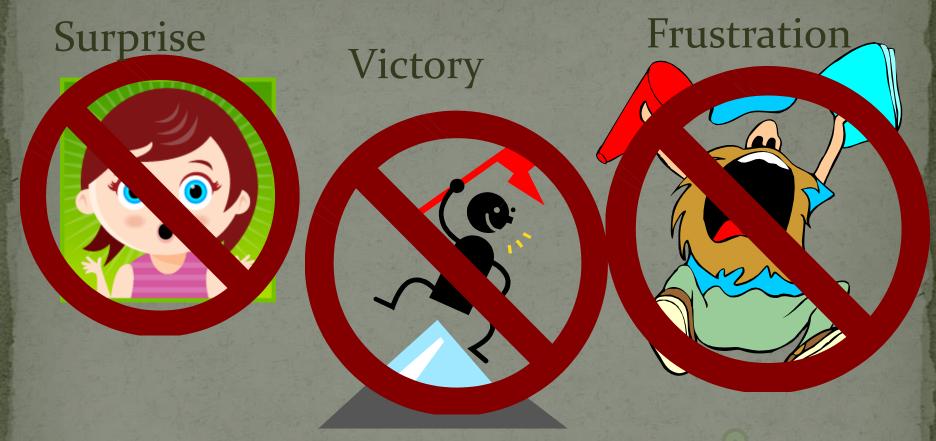
2nd Noble Truth-Mini Golf



3rd Noble Truth

- Life is Interdependent.
- Suffering can be overcome
- Happiness and contentment <u>are</u> possible.
- Learn to live in the present; don't dwell in the past or the imagined future
 - Don't get stuck somewhere else.

3rd Noble Truth-Mini Golf



Feel the good and the bad, then move on.

4th Noble Truth

- Life is fundamentally **Good**.
- Noble 8-fold Path is the way which leads to the end of suffering.





4th Noble Truth-Mini Golf



Follow the Path





Change? Resist the changes OR



Go with the flow, wherever it leads.

